



Sacred Heart Parish Bulletin

Mass: 9:30 am – Sunday
Fr. John Yake, I. V. Dei
(902) 535-2053

August 04, 2024

Eighteenth Sunday in Ordinary Time

The **First Reading** is taken from the *Book of Exodus 16:2-4, 12-15*. The food which the Israelites had brought with them out of Egypt was now used up, and so they were hungry. They murmured against Moses and against God who, they said, had brought them there to die in the wilderness. God answered their complaint by giving them each day bread and meat to eat.

The **Second Reading** is from the *Letter of Paul to the Ephesians 4:17, 20-24*. St. Paul is urging the Ephesian converts to live as Christians. They must forget their Gentile past, which was a life of folly as far as their real purpose in life was concerned. They are now Christians, adopted children of God; they must live according to their new status in justice and holiness.

The **Gospel** is from *St. John 6:24-35*. According to St Paul, if Christ is really active in our lives (and who among us wants to claim he isn't?), our very way of thinking will have been turned upside down; that is, it will have been put right, because sin has perverted the order of our values. Our priorities (when we vote, when we wonder if we should have more children or not, when we choose our entertainment, when we go shopping, when we're tempted to cut corners at work, take advantage of a customer, or skip our homework, and when we make any of the countless minor decisions of every day) will not be the following — "what's in

it for me," "what will this do for my bank account," "is it pleasurable" or "can I get away with it," but rather, "how can this help me reach my real goal, eternal life", "is this what God wants," "does it bring me closer to God," "will this help others," "will it be a better witness of Christian life?"

Unrealistic? No, unless Jesus should be called "unrealistic" when he reproached people who were far needier than any of us for being more interested in today's lunch than in the bread of life (Gospel). No, because this is the only realistic attitude: this is the way God sees things and only he sees things in all their reality. We're the ones who need to "get real". Did Jesus really become man and die on a cross merely so his followers could be just like everybody else?

Fruitful communions: To achieve this means taking Communion far more "seriously" than we regularly do; being quite certain that it is a food that will, gradually, transform me. No, you won't lose weight, but you will begin to think differently about life.

In practice, it means seriously preparing yourself: before Mass, during Mass and when going to receive. Before Mass: arriving, having made some kind of real attempt during the week, to do God's will in your life, and to open your heart to him regularly in prayer, and to people in need. During Mass: offering yourself as best you can with Christ who is offering himself for you, having an idea of what you need from him (from this Communion), telling him this. When you go to Communion: remembering who you are: this needy, weak, selfish, tempted, grieving, overworked... individual. And who the One you are about to receive is: the Jesus who gave — and gives — sight to the blind, consolation to the grieving, strength to the weak... who was tempted, and overcame temptation, for you; who invited his followers to come aside and rest with him; who gave and gives himself up for you, so that you can do it for others...

Then, after Mass, maybe we'll be ready to do something about "the thousand inconsistencies of a 'globalized' world where the weakest, the most powerless and the poorest appear to have so little hope!", aware "that it is 'unworthy' of a Christian community to partake of the Lord's Supper amid division and indifference towards the poor".

—Excerpted from *Sacerdos*

Collection
July 28, 2024

Envelopes	\$165.00
Loose	\$70.00
Building Fund	\$120.00
	\$355.00

Notices:

1: Johnstown Landing Outdoor Farmer's Market: The Market will take place on Sunday August 04, 2024, from 10:30am – 1:00 pm. See you there.

2: Music Royal Concert –Friday August 9 at 7 pm - Sacred Heart Church, Johnstown - Ensemble Urmawi Lamia Yared (vocals and oud), Nizar Tabcharani (qanun), Showan Tavakol (kamanche), Ziya Tabassian (percussion). The musicians will interpret songs from Syrian traditions (Muwashahat) as well as sacred chants from the early Christians of the Orient in Aramaic, and finally some pieces of traditional Persian music will also be included. This tour provides a rare opportunity for Nova Scotian audiences to hear these three traditions of music, which intersect both geographically and historically.

\$25 at the door, \$20 advanced rate, students \$10. Email lcampbell1@bellaliant.net for advance reservation.

<https://www.canadahelps.org/en/charities/musique-royale-a-treasury-of-music-from-our-historic-past/events/ensemble-urmawi-in-johnstown/>

If you would like an advanced rate, just send me your name and I will put you on the list. Do not send me any money.

3: Accommodations needed: The Music Royal musicians will be looking for accommodations again this year. The group may also be coming in the evening before, so they aren't flying and performing in Cape Breton the same day. so it would be for two nights, if possible. We would be looking for 5 beds in total, as it's a quartet of musicians and the organizer. If you can accommodate one or two people, please let me know,

4: Please join the family of Wendy Campbell for a Family & Friends Drop-in at the Johnstown Parish Hall, Sunday, Aug. 4, 3-5 p.m.

5: Cemetery Mass: The annual cemetery mass will take place on Sunday August 11th, at 9:30 in the Old Graveyard. Please bring your own chair. After the mass will be a Pancake Breakfast at the hall.

6: Milling Frolic: The Milling Frolic is only a month away. Donations will be needed for the Bake Sale, Lunch, Fancy Booth, and the County Store. Workers will be needed for parking cars, bingo, lunch, fancy booth, selling tickets, straw game. and at the door.

7: Music for the Milling Frolic: The music for the Milling Frolic will be Shelly Campbell, Alan Dewar and Keith MacDonald. We will also have a caller for the square dance, Helen MacDonald from River Ryan.

8: Fr. Yake Away: No weekday Masses are scheduled from August 19th until August 30th because Fr. Yake will be away. Weekend Masses on August 24th/August 25th will be celebrated by Rev. Charles Cameron. Previously scheduled Masses will be rescheduled. No Mass in Johnstown that week.

9: Princeton Pro Musica is a semi professional choir from New Jersey who will make one stop in Cape Breton on their tour. In concert on Wednesday, August 7th at 7:00 p.m. at United Heritage Church in Sydney. Admission is by free will offering at the door and all proceeds will be given back to the host venue.

10: The CB Chorale will be holding auditions on August 22nd and 23rd. The choir is also holding a song arrangement competition. Full details on our website <http://capebretonchorale.com>

11: List of events taking place at the Johnstown Parish Hall and Church

Friday August 09 - Music Royal Concert – 7:00 pm
Sunday August 11 - Cemetery Mass - 9:30 am
Sunday August 11 - Pancake Breakfast - 10:15 am
Friday August 23 - Milling Frolic 7:00 pm - 12:00 am